

APPLE SPINACH SALAD

RECIPE & IMAGE FROM GIMMESOMEOVEN.COM



INGREDIENTS

- 10 ounces baby spinach
- 2 large apples, cored and thinly-sliced (I used 1 gala apple, 1 granny smith apple, but any will do)
- half a small red onion, peeled and thinly-sliced
- 1 cup walnut halves, toasted (or pecans)
- 2/3 cup dried cranberries
- 5 ounces goat cheese, crumbled (or feta cheese, or blue cheese)

DIRECTIONS

Add spinach, apples, red onion, walnuts, dried cranberries, and half of the goat cheese to a large bowl. Drizzle with the vinaigrette, and toss to combine.

Serve immediately, garnished with the remaining goat cheese.

TIP: TOP WITH VINEGAR AND OIL OR YOUR FAVORITE SUGAR FREE SALAD DRESSING!